

<b>MONDAY</b>	
7.30am - 10.00am	EARLY BIRDS
10.00am - 11.00am	LOW AQUA
11.00am - 12.00pm	DISABILITY SESSION
12.00pm - 4.00pm	CASUAL SWIM
8.00pm - 10.00pm	ADULT ONLY LANE SWIM
<b>TUESDAY</b>	
10.30am - 11.30am	LOW AQUA
11.30am - 12.30pm	LADIES ONLY
12.30pm - 1.30pm	CASUAL SWIM
1.30pm - 2.30pm	PARENT & TODDLER
2.30pm - 4.00pm	CASUAL SWIM
6.00pm - 7.00pm	CASUAL SWIM
<b>WEDNESDAY</b>	
7.30am - 9.00am	EARLY BIRDS
12.00pm - 1.00pm	CASUAL SWIM
3.15pm - 4.00pm	ADULT LESSONS
6.00pm - 8.00pm	CASUAL SWIM
8.00pm - 9.00pm	AQUA AEROBICS
<b>THURSDAY</b>	
7.30am - 9.00am	EARLY BIRDS
9.30am - 10.30am	MEN ONLY
11.30pm - 1.30pm	CASUAL SWIM
1.30pm - 2.30pm	PARENT & TODDLER
2.30pm - 4.00pm	ADULTS ONLY
6.00pm - 7.00pm	CASUAL SWIM
<b>FRIDAY</b>	
7.30am - 9.00am	EARLY BIRDS
12.00pm - 1.00pm	CASUAL SWIM
6.00pm - 8.00pm	CASUAL SWIM
8.00pm - 9.30pm	ADULTS ONLY LANE SWIM
<b>SATURDAY</b>	
12.30pm - 2.00pm	CASUAL SWIM
2.30pm - 3.30pm	WET AND WILD*
<b>SUNDAY</b>	
9.00am - 2.00pm	CASUAL SWIM
2.30pm - 3.30pm	WET AND WILD*

\* WET AND WILD HAS A MAXIMUM OF 80 BATHERS.

