

Group Fitness Booking Guidance

7 Days – Members Only (Motiv8 Membership)

Members receive priority booking and can book 7 days in advance. They can do this over the phone, but are reminded to swipe their card on arrival at reception, they must collect their ticket prior to the class.

They can book for themselves or anyone attached to their membership.

Member must hand their ticket/ receipt to the instructor of the class. No ticket no entry.

If a member does not attend a class they will be allowed to do this on two occasions and then will not be allowed to priority book.

3 days – Non Members

Casual members can book a class 3 days in advance. They can do this over the phone, but are reminded to swipe their card on arrival at reception and collect their ticket prior to the class.

Payment must be received at the point of booking.

Member must hand their ticket/ receipt to the instructor of the class. No ticket no entry.

Aqua Programme Only

The booking procedure for all Aqua classes will remain the same. Members and non-members will be allowed to book 7-days in advance.

Payment will be taken on booking.

Cancellation

All participants must give 48 hours notice if they wish to cancel or transfer to an alternative class.

No refund will be issued.

Please note: Places can not be guaranteed where class numbers are limited.